

# Career Connections

## Professional Training Program

Career \* College \* Personal Development



Build **confidence**—  
take your  
**motivation** to the  
**next** level!

Attend an orientation to  
learn more!!

**Spring 2012: May 7-June 15**  
**Monday-Friday, 9am-1pm**

**Who:** Low income, Portland residents, ages 18-24 with a GED/HS Diploma

**What:** Free professional training where you will:

- ◆ Gain professional skills for the job market
- ◆ Find a job you REALLY want and advance
- ◆ Build your confidence
- ◆ Receive support for career and college success
- ◆ Make connections with professionals in your career area

**When:** Orientations on Wednesdays at 10:00 am  
**April 4th, 11th, 18th, and 25th**

**Where:** Open Meadow CAREER SERVICES, 7633 N. Wabash, 97217

**How:** Call or email to schedule an orientation.

Contact to RSVP: Lee Ann Lawrence  
@ 503-488-5181 or [leeann@openmeadow.org](mailto:leeann@openmeadow.org)

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# Open Meadow Career Connections Training Program



## Students Start with the Training: Monday-Friday 9am-1pm

### What happens during the training?

- Identify strengths, skills & passions and discover career options that suit you
- Network with professional partners in local government, business, healthcare, banking and more to learn about career options
- Gain knowledge of professional workplace culture and communication
- Financial education including: budgeting, building credit, saving and investment
- Develop résumés and interview skills that will get you noticed and hired
- Supportive & welcoming team environment: be challenged to learn and grow
- Receive a bus pass, and some professional clothing during training. **The program is free!**

### What happens after training?

#### Internships & 3 years of support on your goals

- Apply for exclusive internships with our business partners to help you build your professional work experience and increase your network
- Three years of intensive career planning and college support
- One-on-one relationship with your career advisor for mentorship, advising, job seeking, encouragement, resources, and support along the way
- Continued training opportunities to help you develop the skills you need to advance
- Notification when our partners are hiring for a position that might suit you
- A community & culture of success; meetings, events, & connections with other alumni

~ OVER FOR MORE INFO~

## Application Process:

- 1) Call Lee Ann Lawrence, Career Connections Staff @ Open Meadow (503-488-5181), to share your interests/goals, learn more, and find out if you meet eligibility requirements.
- 2) Attend an orientation at Open Meadow Transition Building: 7633 N. Wabash, Portland, OR 97217 (off Lombard).
- 3) First interview is with staff at Open Meadow in North Portland.
- 4) Final interviews will be downtown on **May 2**.

## Program Eligibility:

- 18-24 years old & a resident of the City of Portland
- Have a high school diploma or GED
- Able to pass drug screening when applying for internships/jobs with partner companies
- Meet our income qualifications (we serve low-income students; we'll help you figure out if you qualify)

## What we look for in applicants:

- Excited about **three years** of intensive support and career planning with an advisor
- Committed to developing self and reaching goals
- Motivated to work and excel in a professional setting and have a strong interest in exploring the professional work world & doing an internship
- Able to identify personal strengths & growth areas, eager to build skills, and willing to accept feedback and be accountable
- Able to maintain a positive, mature, and professional attitude & appearance
- Committed to creating a stable & healthy personal life that supports success
- Awareness that some criminal backgrounds (especially felonies) or credit problems may be a barrier to employment



For more information contact Lee Ann Lawrence at 503-488-5181 or [leann@openmeadow.org](mailto:leann@openmeadow.org) and check out our website:

<http://www.openmeadow.org/open/meadow/schools/C155/>

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